

IWAN

VP

PV



Dr Sajikumar's Gayathri Medical Institutions Pvt. Ltd.

WORK SHEET

Name: IWAN Department: \_\_\_\_\_  
 CARD No.: 1008844626697577  
 Address: Centralweg 16 3013 Age: 50 Diagnosis: \_\_\_\_\_  
Born Switzerland. Sex: M  F DOA: 4/1/22  
 OP. No.: 49029 Phone No.: 8714259285 Res No. \_\_\_\_\_ DOD: \_\_\_\_\_  
 IP No.: 000168

| S/N | DATE    | PROCEDURE  | MEDICINE | DURATION                                   | VITALS |    |    |    | SIGNATURE |           | REMARKS          |
|-----|---------|--|----------|--|--------|----|----|----|-----------|-----------|------------------|
|     |         |  |          |  | TEMP   | BP | PR | WT | DR        | THERAPIST |                  |
| 1   | 4/1/22  | Abhyangam (1)                                    | oil (A)  | 6:30-7:45                                  |        |    |    |    |           |           |                  |
| 2   | 5/1/22  | (2nd, Panchabhujam, 100gms Abhyangam)            | "        | "  |        |    |    |    |           |           |                  |
| 3   | 6/1/22  | Ab (3)   | "        | "  |        |    |    |    |           |           |                  |
| 4   | 7/1/22  | Ab (4)   | "        | "  |        |    |    |    |           |           |                  |
| 5   | 8/1/22  | Ab (5)   | "        | "  |        |    |    |    |           |           |                  |
| 6   | 9/1/22  | Ab (6)   | "        | "  |        |    |    |    |           |           |                  |
| 7   | 10/1/22 | Ab (7)   | "        | "  |        |    |    |    |           |           |                  |
| 8   | 11/1/22 | Plabhin (1)                                      | oil (B)  | 6:45-7:45                                  |        |    |    |    |           |           | Kopf massage 3-4 |
| 9   | 12/1/22 | EK (2)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 10  | 13/1/22 | EK (3)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 11  | 14/1/22 | EK (4)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 12  | 15/1/22 | EK (5)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 13  | 16/1/22 | EK (6)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 14  | 17/1/22 | EK (7)   | "        | "  |        |    |    |    |           |           | 3-4              |
| 15  | 18/1/22 | Virechana  | Cropele  | 20ml medicine mixed 1/2 glass of warm milk |        |    |    |    |           |           |                  |
| 16  |         |  |          | C.45 early morning before food 6am ✓       |        |    |    |    |           |           |                  |
| 17  | 19/1/22 | One day Rest                                     |          |  |        |    |    |    |           |           |                  |
| 18  | 20/1/22 | Abhyangam + Marsha Naryan                        |          |  |        |    |    |    |           |           |                  |
| 19  |         | Ucheerla 101 2 vanthi / Triphalaadi Kava hras 15 |          |  |        |    |    |    |           |           | 7 days           |
| 20  |         | (2) Abhyanga D.T. head & body                    |          |  |        |    |    |    |           |           |                  |
| 21  | 21/1/22 | Abhyangam + Naryan                               | "        | 6:45-8:00                                  |        |    |    |    |           |           |                  |
| 22  | 22/1/22 | (3)  | "        | 6:45-8:00                                  |        |    |    |    |           |           |                  |

| S/N | DATE         | PROCEDURE                        | MEDICINE       | DURATION          | VITALS  |    |    |    | SIGNATURE |          | REMARKS                                       |
|-----|--------------|----------------------------------|----------------|-------------------|---------|----|----|----|-----------|----------|---|
|     |              |                                  |                |                   | TEMP    | BP | PR | WT | DR        | THERAPIS |   |
| 23  | 23/1/22      | Ab + Naeyam (4)                  | u              | 6:45-8:00         |         |    |    |    |           |          |   |
| 24  | 24/1/22      | " (5)                            | "              | 6:45-8:00         |         |    |    |    |           |          |   |
| 25  | 25/1/22      | " (6)                            | "              | 6:45-8:00         |         |    |    |    |           |          |   |
| 26  | 26/1/22      | Ab + Naey (7)                    | u              | 6:45-8:00         |         |    |    |    |           |          |   |
| 27  | 27/1/22      | Rest                             | Sulochana      | 2. 2. 2           |         |    |    |    |           |          | (6)   |
| 28  | 28/1/22      | Moordha Titani                   | u (Foley)      | 7-8               |         |    |    |    |           |          |   |
| 29  | MO           | Shiroabhyangam                   | Ksheerabala    |                   |         |    |    |    |           |          |   |
| 30  |              | Abhyangam                        | Dhanwanturam   |                   |         |    |    |    |           |          |   |
| 31  |              | Surochikha                       | Ksheerabala    | plais             |         |    |    |    |           |          |   |
| 32  |              | Talam                            | Ksheerabala    | Kachowadi-chosnam |         |    |    |    |           |          |   |
| 33  |              | Dhara                            | Ksheerabala    |                   |         |    |    |    |           |          |   |
| 34  | AI           | Jwaralekhi                       | 2. 125         | (3:20 - 4:20)     |         |    |    |    |           |          |   |
| 35  | 29/1/22      | u                                | u              | 7-8<br>3-4        |         |    |    |    |           |          |   |
| 36  | 30/1/22      | u                                | u              | 7-8<br>3-4        |         |    |    |    |           |          |   |
| 37  | 31/1/22      | u                                | u              | 7-8<br>3:30-4:30  |         |    |    |    |           |          |   |
| 38  | 1/2/22       | u                                | u              | 7-8<br>2:30-3:30  |         |    |    |    |           |          |   |
| 39  | 2/2/22       | u                                | u              | 7-8<br>2:30-3:30  |         |    |    |    |           |          |   |
| 40  | 3/2/22       | u                                | u              | 7-8<br>3:30-4:30  |         |    |    |    |           |          | 5/2/22 Rest                                   |
| 41  | 4/2/22       | → Vinaham idy a rest 2 idy (5/2) | Vinaham        |                   |         |    |    |    |           |          | Grandu Suku va                                |
| 42  | 6th day      | Conhome                          | Shiroabhyangam |                   |         |    |    |    |           |          |   |
| 43  |              |                                  | Ksheerabala    |                   |         |    |    |    |           |          |   |
| 44  |              |                                  | Abhyangam      | Dhanwanturam      |         |    |    |    |           |          |   |
| 45  | Augerheadmet |                                  | Ashtanga       | Thyphlechi        | Khalana |    |    |    |           |          |   |
| 46  | (ebeansing)  |                                  | Aschena        | Chandana          | Kithi   |    |    |    |           |          |   |
| 47  | 6/2/22       | Abhyangam                        | oil Ab         | 7-8               |         |    |    |    |           |          | (Koolmassige + Ab - Gedichtsma. sig)          |
| 48  | 7/2/22       | Conhome (1)                      | oil Ab<br>Eys  | 7-8<br>8:30-9:15  |         |    |    |    |           |          | (1) Eys cleansing (Reiniger, Paste, Reiniger) |
| 49  | 8/2/22       | " (2)                            | "              | 7-8<br>8:30-9:15  |         |    |    |    |           |          |   |
| 50  | 9/2/22       | " (?)                            | "              | 7-8<br>9:30-10:15 |         |    |    |    |           |          | Eys (1) Eys (2) mit Tubchpaste (3)            |
| 51  | 10/2/22      | " (4)                            | "              | 7-8               |         |    |    |    |           |          |   |
| 52  | 11/2/22      | " (5)                            | "              | 9:30-11:00        |         |    |    |    |           |          |   |



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## WORK SHEET

1008844626697977

CARD No.:

Name: IMAN

Department: \_\_\_\_\_

Serial No.:

Address: Centralweg 16

Age 50

Diagnosis: \_\_\_\_\_

OP. No.: 49029

Bern, Switzerland

Sex M  F

DOA: 4/1/22

IP No.: 000168

Phone No.: 8714259285

Res No. \_\_\_\_\_

DOD: \_\_\_\_\_

| S/N | DATE    | PROCEDURE                                | MEDICINE      | DURATION                 | VITALS |    |    |    | SIGNATURE |           | REMARKS                         |
|-----|---------|--|---------------|--------------------------|--------|----|----|----|-----------|-----------|---------------------------------|
|     |         |  |               |                          | TEMP   | BP | PR | WT | DR        | THERAPIST |                                 |
| 1   | Suresh  | Abhyangam                                | oil           |                          |        |    |    |    |           |           | Kopf + Nackenmassage, Abhyangam |
| 2   | Vijesh  | mul'fornatavis                           | (oil general) |                          |        |    |    |    |           |           | Gesichtsmassage, Talam          |
| 3   |         | Augen treatment (main)                   |               |                          |        |    |    |    |           |           |                                 |
| 4   | Johny   | Tharpana                                 |               |                          |        |    |    |    |           |           | Shabdhande Chikitsa 7 days.     |
| 5   |         | Talam                                    |               |                          |        |    |    |    |           |           | Kachhadh Chikitsa.              |
| 6   |         |  |               |                          |        |    |    |    |           |           |                                 |
| 7   | 14/2/22 | Abhyangam<br>Sirochikitsa Talam          | (oil - A)     | 6.45-7.45<br>10.00-11.30 | 14m    |    |    |    |           |           |                                 |
| 8   | 15/2/22 | Ab ① + ②                                 | oil + ①       | 6.45-10.45               | ⑩      |    |    |    |           |           | Spezialmedizin für die Augen    |
| 9   | 17/2/22 | Ab ② + ③                                 | oil + ①       | 6.45-10.15               | ⑮      |    |    |    |           |           | mit Ghee kräuter gemischt       |
| 10  | 17/2/22 | Ab ③ + ④                                 | oil + ①       | 6.45-10.00               | ⑳      |    |    |    |           |           |                                 |
| 11  | 18/2/22 | Ab ④ + ⑤                                 | oil D1 + ①    | 6.45-10.15               | ㉑      |    |    |    |           |           |                                 |
| 12  | 19/2/22 | Ab ⑤ + ⑥                                 | oil D1 + ①    | 6.45-10.00               | ㉒      |    |    |    |           |           |                                 |
| 13  | 20/2/22 | Ab ⑥ + ⑦                                 | oil D1 + ①    | 6.45-10.00               | ㉓      |    |    |    |           |           |                                 |
| 14  | 21/2/22 | Ab ⑦ + ⑧                                 | oil D1 + ①    | 6.45-10.00               | ㉔      |    |    |    |           |           |                                 |
| 15  |         |  |               |                          |        |    |    |    |           |           |                                 |
| 16  |         | Virechana i Bruchle Suktanuram Bul.      |               |                          |        |    |    |    |           |           |                                 |
| 17  |         | rest for 1 day [Anjana → Augenreinigung] |               |                          |        |    |    |    |           |           |                                 |
| 18  |         | Anjana to be started then [Abhyangam ②]  |               |                          |        |    |    |    |           |           |                                 |
| 19  |         | Abhyangam i Vitex Oil. <b>VITEX-OIL</b>  |               |                          |        |    |    |    |           |           |                                 |
| 20  | 27/2/22 | <b>VIRECHANA ③</b>                       |               |                          |        |    |    |    |           |           |                                 |
| 21  | 27/2/22 | <b>Rest Day</b>                          |               |                          |        |    |    |    |           |           |                                 |
| 22  |         |  |               |                          |        |    |    |    |           |           |                                 |

**ANGEREICHTUNG ANJANA** : Reinigung

"Gschale" Triphala Reinigung  
 "Augenmedizin" Application ~~add~~ in Augenlieder

| S/N | DATE    | PROCEDURE                   | MEDICINE             | DURATION           | VITALS |    |    |    | SIGNATURE |          | REMARKS                    |
|-----|---------|-----------------------------|----------------------|--------------------|--------|----|----|----|-----------|----------|----------------------------|
|     |         |                             |                      |                    | TEMP   | BP | PR | WT | DR        | THERAPIS |                            |
| 23  | 24/2/22 | Ab ① <sup>2</sup>           | oil Vilex            | 7-8<br>12:30-13:00 |        |    |    |    |           |          |                            |
| 24  | 25/2/22 | Ab ② <sup>2</sup><br>Anjana | oil Vilex<br>Medicin | 7-8<br>13:30-14:00 |        |    |    |    |           |          |                            |
| 25  | 26/2/22 | u                           | oil Vilex            | 7-8<br>12-12:30    |        |    |    |    |           |          |                            |
| 26  | 27/2/22 | u                           | u                    | 7-8<br>12-12:30    |        |    |    |    |           |          |                            |
| 27  | 28/2/22 | u                           | u                    | 7-8<br>12-12:30    |        |    |    |    |           |          |                            |
| 28  | 29/2/22 | u                           | u                    | 7-8<br>12-12:30    |        |    |    |    |           |          |                            |
| 29  | 30/2/22 | u                           | u                    | 7-8<br>12-12:30    |        |    |    |    |           |          |                            |
| 30  | 31/2/22 | Abhyanga<br>Shirovashi ①    | oil Vilex<br>oil (S) | 7-8<br>15-18:00    |        |    |    |    |           |          |                            |
| 31  | 4/3/22  | u ②                         | u                    | 6:30-9:00          |        |    |    |    |           |          | Shiro Vasti + Abhyanga     |
| 32  | 5/3/22  | u ③                         | u                    | 6:30-9:00          |        |    |    |    |           |          | - Black gram - 1 hand full |
| 33  | 6/3/22  | u ④                         | u                    | 6:45-9:05          |        |    |    |    |           |          | - Cotton lach - 2 Bände    |
| 34  | 7/3/22  | u ⑤                         | u                    | 6:45-9:00          |        |    |    |    |           |          | - Heat (Rexin)             |
| 35  | 8/3/22  | u ⑥                         | u                    | 6:45-8:50          |        |    |    |    |           |          |                            |
| 36  | 9/3/22  | u ⑦                         | u                    | 6:45-8:45          |        |    |    |    |           |          |                            |
| 37  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 38  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 39  |         | TOTAL 66 DAYS               |                      |                    |        |    |    |    |           |          |                            |
| 40  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 41  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 42  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 43  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 44  |         | Pflanze:                    | Flouringa Pur Augen  |                    |        |    |    |    |           |          |                            |
| 45  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 46  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 47  |         | Oil-Fleschen                | Total                | 93 x 2,5 dl        |        |    |    |    |           |          |                            |
| 48  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 49  |         |                             |                      |                    |        |    |    |    |           |          |                            |
| 50  |         |                             |                      |                    |        |    |    |    |           |          |                            |